EXPERIENCE BEHIND THE WHEEL

75 PERCENT OF ALL TEEN DRIVER CRASHES WERE THE RESULT OF A TEEN DRIVER'S ERROR. HALF OF ALL SERIOUS TEEN DRIVER CRASHES WERE CAUSED BY THESE THREE SPECIFIC ERRORS.

- > Driver did not properly scan to detect and react to hazards 21%
- > Driver was driving too fast for road conditions 21%
- > Driver was distracted by something in or outside the vehicle 19%

There is no "magic number" that transforms a teen into an experienced driver. However, the greatest lifetime chance of crashing occurs in the first 6 to 12 months after receiving a license.

THERE ARE THREE BASIC STAGES THAT A TEEN MOVES THROUGH IN DEVELOPING EXPERIENCE:

STAGE ONE: NOVICE

New drivers need adult supervision, not only to explain the mechanics of driving, but also to provide specific guidance to navigate various road conditions.

- > Knowing the rules of the road.
- Knowing how to steer, reverse, make turns, and park the car.
- Knowing when, and how, to interact with other road users.

STAGE TWO: ADVANCED BEGINNER

New drivers who have completed the minimum state-required practice hours to acquire a license generally:

- > Know how to deal safely with a few traffic situations.
- Know to lower their speed in congested zones and residential areas.
- > Overestimate their driving competence, putting themselves in situations beyond their ability.
- Require rules and close supervision. Continued adultsupervised practice helps them gain experience.

STAGE THREE: DEVELOPING COMPETENCE

With more experience, reflection and guidance, young drivers begin to build a broader base of on-road, behind-the-wheel experiences which allow them to:

- Monitor the environment around the vehicle, scanning far ahead to identify risks and to adjust driving accordingly.
- Recognize the importance of wearing a seat belt and making sure that passengers do, too.
- Recognize and avoid distractions inside and outside the vehicle, including those related to passengers, cell phones, or other electronic devices.
- Control emotions when driving.
- Recognize and avoid driving in conditions that are too challenging.
- Grasp the importance of not taking intentional risks while driving.
- Respect other road users, including motorists, bicyclists and pedestrians, and adjust driving behavior accordingly.
- > Understand the importance of not driving impaired (drugged, drowsy or drunk).

EXPERIENCE THROUGH THE GRADUATED DRIVER LICENSING PROCESS

- Graduated Driver Licensing (GDL) programs are associated with a substantial reduction in teen driver fatal crash involvement. The most comprehensive programs are associated with the greatest benefit.
- There are three components of GDL that separately contribute to reduced crash rates – extended learner permit period, nighttime driving restrictions, and passenger restrictions – GDL programs that combine all three may result in the highest crash reductions among young and inexperienced drivers.
- Nearly all states have some components of GDL law in place to help protect teens from serious crashes during the first several months of driving.









HOW CAN PARENTS HELP THEIR TEENS THROUGH THIS PROCESS?

DURING THE LEARNER'S PERMIT PHASE

Supervise teen's practice driving and provide important coaching and instruction.

DURING THE NEWLY LICENSED PHASE

- > Use a parent-teen driving agreement (see inside of this folder) to set privileges that give teens experience in less risky driving conditions.
- Continue to monitor the teen's unsupervised driving, including conditions they drive in and how they are driving.
- Make opportunities to ride with the teen to continue giving supervised practice in riskier conditions.
- Frequently emphasize that teens follow all traffic laws and the terms of their driving agreement.
- Evaluate the teen's driving and adjust driving privileges as they gain more experience.

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